

BALLYHASS ADVENTURE PROGRAM

GROUPS & SCHOOLS FIRST AID PROGRAMS

[3 DAY] FIRST AID RESPONDER COURSE

[4 HOUR] BASIC STUDENT FIRST AID COURSE

PHECC
(PRE-HOSPITAL EMERGENCY CARE COUNCIL)

#GETACTIVE
#GETOUTDOORS



BALLYHASS
COMMERCIAL TRAINING

TEL: 022 27773

EMAIL: INFO@BALLYHASS.IE

WEB: WWW.BALLYHASS.IE

INTRODUCTION

Ballyhass Adventure Group; outdoor experience providers since 1999.

Our expert instructors have been providing outstanding outdoor team building events to students since the establishment of Ballyhass in 1999.

As Team Ballyhass has grown to well over 120 staff each season, the need to develop our instructors into trainers became evident.

First aid, Manual handling and other courses are now a staple of what we provide in house and externally to other organisations we already have relationships with.

The combination of outdoor activities and activities can be combined into a fantastic over all experience with very competitive inclusive prices.



WE RUN A 4 HOUR "BASIC FIRST AID COURSE" FOR ALL STUDENTS

This First Aid Course provides students with the knowledge and confidence to assist in case of an accident or medical emergency in school or at home. This course may be of particular interest to Transition Year Students. We strongly believe that as many students as possible should leave school with some knowledge of First Aid and CPR.

THIS COURSE COVERS

- ✓ CPR
- ✓ Recovery Position
- ✓ Use of an AED
- ✓ Heart Attack
- ✓ Choking
- ✓ Stroke

3 DAY FIRST AID RESPONDER COURSE FOR TEACHERS

The First Aid Responder course is a three-day course. The PHECC FAR course is recognised by the Health and Safety Authority as the standard for first aid at work and meets the requirements of the Safety, Health and Welfare at Work regulations. The Child and Family Agency (TUSLA) guidance also recognises FAR as the standard for child care.

THIS COURSE COVERS

- ✓ Well being of the First Aid Responder
- ✓ Cardiac First Response (CPR/AED)
- ✓ Communication
- ✓ Common Medical Emergencies
- ✓ Information Management
- ✓ Injury Management & Shock
- ✓ Patient Assessment
- ✓ Care of Unconscious Patient
- ✓ Incident Procedures
- ✓ Burns & Electrical Injury Care
- ✓ Hypothermia & Hypothermia

PHECC Pre-Hospital Emergency Care Council

All of our First Aid Trainers are qualified to deliver first aid courses by the Pre-Hospital Emergency Care Council. The Pre-Hospital Emergency Care council set the standards for education and training for pre-hospital emergency care in Ireland. The Council publishes clinical practice guidelines (CPGs) and recognises institutions to provide pre-hospital emergency care training and education.

FAQs

Can this be done at Ballyhass or do you come to us?

We can do either, we can have everything set up for you at Ballyhass or we can come to your school location and set up there. A small daily offsite operational fee will apply to cover costs when doing the course at your location.

What age Group is it suitable for?

This course is suitable for all secondary students but we strongly recommend it for Transition Year students.

How many can you take on a course

We can take a maximum of 24 students per course. This means if you have 70 students, we would run 3 courses to accommodate all students

What times do you run this course?

We are willing to work with you on times and dates that suit your schedule. Our First aid courses can be run anytime between November and March each year.



DISCOUNTED PRICES FOR LARGE GROUPS & COMBINED ACTIVITY & FIRST AID COURSE PACKAGES

ENQUIRE NOW FOR YOUR PERSONALIZED QUOTE.

ADD ON SOFT SKILLS MODULE

Ballyhass Adventure Group has over fifteen years of delivering outdoor adventure and education experiences to schools across Ireland. We are experts in unearthing respect and appreciation in the outdoors and encouraging youths to push boundaries and express themselves in a natural safe environment.

Our approach to soft skills and group management is an integral part of how we operate. All Team Ballyhass members are educated on the fundamentals and importance of such skills and through constant mentorship and feedback with our expert trainers.

We are delighted to now offer our tried and tested soft skills and group management workshops to school groups throughout the country. The skills and knowledge gained will be of great benefit to any person hoping to gain employment or volunteer in any youth setting.

We deliver our workshop in a practical and funway that promotes maximum engagement.

THIS IS A 3 HOUR COURSE

THIS COURSE COVERS

- ✓ Better Communication
- ✓ Improved Morale
- ✓ Leadership Qualities Identified
- ✓ Creativity
- ✓ Increase in Confidence

TEAM BUILDING,
the action or process of causing a group of people to work together effectively as a team, especially by means of activities designed to increase motivation and promote cooperation.



MEET OUR TEAM

David Conran Senior Operations Manager & Lead First Aid Trainer

12 years outdoor activity centre experience | Emergency First Response and Rescue Emergency Care level 3 | CFR and FAR instructor



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#THISISBALLYHASS

BALLYHASS
ADVENTURE
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 **BALLYHASS**
COACHFORD

 **BALLYHASS**
MALLOW

 **BALLYHASS**
ADVENTURE GROUP



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WEB: WWW.BALLYHASS.IE